

# Universal's FROZEN FAMILY FUN FEST



Prepared by Kayla Joseph, Structured Day Program Coordinator

## EVENT SUMMARY

Our very first family social event was planned in SDP planning group. The clients in this group engaged in this group to plan the event including food, ice cream toppings, activities facilitated and available, as well as name the event Family Frozen Fun Fest. The SDP team, with the help of other disciplines, took on the event to further plan Trivia, the Zen table, yoga sequence, outdoor games, and ordering food, ice cream, decorations and more.

Throughout the event, clients and families socialized and engaged in facilitated activities while enjoying a catered lunch and ice cream bar. This event showed true teamwork from all whom helped. The overall success of the event allowed families and clients to have a wonderful day together while enjoying a bowl of happiness.

## 1. Event Objective

- Provide an environment for families to socialize with their family member who attends Universal institute
- Families to interact in activities with client of UI in activities provided
- Engage families and client in conversation with UI employees and meet members of the Team, as well as see facility.

## 2. Family Attendance

Families notified of event through constant contact to RSVP if attending event.

**15 Families RSVP to attend event:** 36 family members' total.

Total number of Family member's signed in at the event: 43 Family members .

## 3. Event schedule

**11:45-12p-** Clients arrive and Residential staff receive shirts (UI)

**12:30p** Clients arrive- **Pat, Amber, Kayla, Joanne, Sigrid, Amie** (redirecting families)

Food Buffet style (outdoor/indoor) **Iris, Ari, Leo, Jess, Joanne, Juanita**

**1p** Trivia under the tent (**Amber**)

Outdoor Lawn games/Music (**Matt- Cristina- Idalis** )

B side Water station- Tables/packets/table top games **Idalis, Pat**

Zen Table/Garden- packets (**Toni**)

Pop up tent(art)- **Elle**

**2p** **Ice Cream Buffet Style- Iris, Ari, Leo, Cristina**

Outdoor lawn games (**Pat, Matt**)

Zen Table/Garden- Packets (**Toni**)

Pop up tent(art)- **Elle Idalis**

**2:30-3** B side guided seated yoga- **Kayla/Amber**

## **4. Challenges and adjustments**

Joanne, Sigrid, Kayla, Amber, Matt G, Patricia, Toni, Ari, Cristina, Iris, Juanita all arrived at gam to assist in set up of event which included decorating, putting up tables, tents and chairs, as well as balloon pickup and preparation of specials food adaptations. Cheryl and Pam both were present and engaged families and clients as well as keep the events flow going.

Due to heat many families and clients decided to eat indoors. We were prepared for this and had table and chair set up to eat indoor. As the families were eating/finishing up, Amber began to facilitate UI themed Trivia on the A side. Elle and Amie were outdoors engaged families in clients in our puzzle art piece. Matt, Toni, Patricia were all assisting in outdoor games as well as indoor activities. All staff in attendance were very helpful and jumped in where help was needed.

Ice Cream buffet style began at 2p. Iris, Ari, Leo, Cristina, Anna all assisted with scooping ice cream and toppings as all staff assisted in bringing families and clients up for ice cream. Since we had a large attendance, this took longer than anticipated however everyone remained patient and received their ice cream.

Kayla and Amber began a guided yoga/stretching sequence for those interested on the B side. Although some in the room were still finishing up Ice cream, clients and families in the room were able to participate.

Clients and Families began to leave right on time 3pm. Residential managers and SDP team assisted in dismissal process to make this seamless.

KUDO's to all!

## **5. Closing statements**

Social events provided for our clients outside of typical program hours continue to enhance quality of life and improve levels of cognitive social interactions. Providing events for clients and for families of our clients allows Universal to provide a safe environment for clients to engage with families who otherwise do not typically engage with families. These events allow Universal to showcase our capabilities for client engagement, inclusion, quality of care, and display that the clients are truly at the center of our Universe.

## 6. Some pictures to enjoy....

